

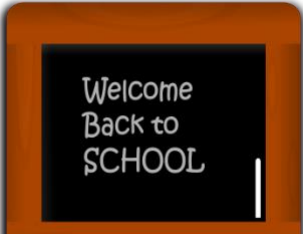



# Algonquin Main Lunch August 2019

This Institution is an Equal Opportunity Provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Veggie or a fruit must</b> be served with each lunch</p> <p>All Menu's subject to change</p>		<p><b>Milk Choices Daily</b></p> <p>Fat Free Chocolate 1% White Fat Free White</p>		<p><b>Continental Breakfast Daily</b> 7:00 – 7:15 am All items sold a la carte</p>
				
	<p><b>Quick and Easy On-Line Prepayments info</b> Visit <a href="http://www.nsboro.12.ma.us/myschoolbucks">www.nsboro.12.ma.us/myschoolbucks</a></p>		<p><b>Food Allergies</b> Please ensure your child's school nurse and Cafeteria manager are aware of any</p>	
				<p><b>Back to School</b></p> 
		<p>28</p> <p><b>Meat Ball Sub</b> Mozzarella Cheese Steamed Broccoli or Carrot Coins Fruit</p>	<p>29</p> <p><b>Burgers</b> <b>Hamburger, Cheeseburger or Veggie Burger</b> Baked Beans Steamed Corn or Carrot Coins, Fruit</p>	<p>30</p> <p><b>BBQ Pulled Pork</b> on ww Roll Sweet Potato Fries Steamed Carrots or Carrot Coins Fruit</p>

## #2 Option

**"Grab 'N Go!"**

**\*Pre-wrapped Sandwiches**

Vegetarian, Meat & PB&J

Sandwiches

**\*Pizza du Jour**

**\*Salads**

Chef, Garden, Chicken Caesar

Teriyaki Chicken

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## #3 Option-

**"Hot Line"**

**Hot Sandwiches**

Tues- Chicken

Thurs- Spicy

Chicken

Fri-Mozzarella

Sticks

## #4 Option

**"Made-To-Order Deli"**

**Options:**

Ham, Bologna, Salami, Turkey,

Buffalo Chicken

Tuna-Thursday

**Egg Salad – Fri**

**Choice of Bread**

Sub, Sandwich or

Wrap