

# MARCH 2019

## Southborough Elementary Schools

Food Allergies:  
Please ensure that your child's school nurse and cafeteria manager are aware of any food allergies.

Monday

Tuesday

Wednesday

Thursday

Friday

4

#1 Hot Dog on WW Bun, Potato Chips, BBQ Beans, Assorted Fruit.

5

#1 Pasta with Meat Sauce, Garlic Bread, Steamed Broccoli. Assorted Fruit.

6

#1 Tomato Soup, Grilled Cheese on WW, Carrot Sticks. Assorted Fruit. Assorted Pudding with Whipped Topping

7

#1 French Toast Sticks, Maple Syrup, Sausage Patty, Tater Tots. Assorted Fruit.

1

#1 Green Eggs and Ham, Steamed Broccoli, Dinner Roll Assorted Fruit.

8

#1 Homemade Style Cheese or Pepperoni Pizza, Tossed Salad, Assorted Fruit.

11

**Professional development,  
No lunches Served.**

12

#1 Chicken Patty on WW Bun, Baked French Fries, Steamed Peas. Assorted Fruit.

13

#1 Macaroni and Cheese, WW Dinner Roll, Steamed Green Beans, Assorted Fruit.

14

#1 BBQ Rib Sandwich, Boston Baked Beans, Cucumber Coins, Assorted Fruit. Chocolate Chip Cookie

15

#1 Pizza Dippers with Marinara Sauce, Tossed Salad, Assorted Fruit.

18

#1 Hamburger/Cheeseburger, Baked Sweet Potato Fries, Mixed Vegetables, Assorted Fruit.

19

#1 Teriyaki Chicken Dippers, Steamed Brown Rice, Buttered Carrots, Assorted Fruit.

20

#1 Beef Nachos, Nacho Cheese Sauce, Salsa, Sour Cream, Refried Beans, Assorted Fruit. White cake with Frosting

21

#1 Chicken Nuggets, Dipping Sauces, WW Dinner Roll, Mashed Potatoes, Steamed Corn. Assorted Fruit

22

#1 Sal's Pizza, Cheese or Pepperoni, Tossed Salad, Assorted Fruit.

25

#1 Mozzarella Sticks with Dipping Sauce, Steamed Carrots, WW Dinner Roll. Assorted Fruit.

26

#1 Chicken Alfredo, Steamed Broccoli, Garlic Bread, Assorted Fruit.

27

#1 Turkey and Cheese on Flatbread, Baked French Fries, Celery Sticks, Assorted Fruit. Brownies.

28

#1 French Toast Sticks, Maple Syrup, Sausage Patty, Hash Browns. Assorted Fruit

29

**Professional development,  
No lunches Served.**

**ALTERNATE LUNCHES A:** PB and Jelly or PB Fluff    **B:** PB Only    **C:** Cheese sandwich    **Also available:** Bagel Lunch Box.  
Available Daily Lunch Box: includes sandwich on WW bread, veggie sticks or hot vegetable of the day, cheese stick and fruit.  
Lunch Price: \$3.00 Reduced Lunch: \$.40 Milk: \$.60 All meals must come with a fruit or vegetable. WW=Whole Wheat, RF= Reduced Fat