

# FEBRUARY 2019

## Northborough Elementary Schools

Food Allergies:  
Please ensure that your child's school nurse and cafeteria manager are aware of any food allergies.

Monday

Tuesday

Wednesday

Thursday

Friday

**4**  
#1 WW Spaghetti and Meatballs, Garlic Bread, Steamed Broccoli. Assorted Fruit.

**5**  
#1 Beef Tacos, Pinto Beans, Brown Rice. Lettuce and Tomato, Sour Cream, Salsa. Assorted Fruit.

**6**  
#1 Tomato Soup, Grilled Cheese on WW, Carrot Sticks. Assorted Fruit. Brownies

**7**  
#1 Chicken Nuggets, Dinner Roll, French Fries. Assorted Fruit.

**1**  
#1 Sal's Pizza, Cheese or Pepperoni, Tossed Salad, Assorted Fruit.

**11**  
#1 Hamburger/Cheeseburger, Baked Potato Wedges, Mixed Vegetables, Assorted Fruit.

**12**  
#1 Hot Dog on WW Bun, Potato Chips, BBQ Beans, Assorted Fruit.

**13**  
#1 French Toast Sticks, Maple Syrup, Sausage Patty, Tater Tots. Assorted Fruit

**14**  
#1 Pasta With Meat Sauce, Garlic Bread, Steamed Carrots, Assorted Fruit. Yellow Cake with Pink Frosting

**8**  
#1 Homemade Pizza, Cheese or Pepperoni, Tossed Salad. Assorted Fruit.

**18**  
Winter Break

**19**  
Winter Break

**20**  
Winter Break

**21**  
Winter Break

**15**  
#1 Pizza Dippers with Marinara Sauce, Tossed Salad. Assorted Fruit.

**25**  
#1 PopCorn Chicken, Mashed Potato, WW Dinner Roll, Steamed Corn. Assorted Fruit.

**26**  
#1 Mozzarella Sticks with Dipping Sauce, Steamed Carrots, WW Dinner Roll. Assorted Fruit.

**27**  
#1 Beef Nachos, Nacho Cheese Sauce, Salsa, Sour Cream, Refried Beans, Assorted Fruit.

**28**  
#1 Macaroni and Cheese, WW Dinner Roll, Steamed Green Beans, Assorted Fruit. Chocolate Chip Cookie.

**22**  
Winter Break

**ALTERNATE LUNCHES A:** PB and Jelly or PB Fluff    **B:** PB Only    **C:** Cheese sandwich    **Also available:** Bagel Lunch Box.  
Available Daily Lunch Box: includes sandwich on WW bread, veggie sticks or hot vegetable of the day, cheese stick and fruit.  
Lunch Price: \$3.00 Reduced Lunch: \$.40 Milk: \$.60 All meals must come with a fruit or vegetable. WW=Whole Wheat, RF= Reduced Fat

