

Monday

Tuesday

Wednesday

Thursday

Friday

4

#1 WW Spaghetti and Meatballs, Garlic Bread, Steamed Mixed Vegetables. Assorted Fruit.

5

#1 Beef Tacos, Black Beans, Brown Rice. Sour Cream, Salsa. Assorted Fruit.

6

#1 Tomato Soup, Grilled Cheese on WW, Carrot Sticks. Assorted Fruit.

7

#1 Chicken Nuggets, Dinner Roll, French Fries. Assorted Fruit.

1

#1 Sal's Pizza, Cheese or Pepperoni, Tossed Salad, Assorted Fruit.

8

#1 Homemade Pizza, Cheese or Pepperoni, Tossed Salad. Assorted Fruit.

11

#1 Hamburger/Cheeseburger, Baked Potato Wedges, Cucumber Coins, Assorted Fruit.

12

#1 Hot Dog on WW Bun, Potato Chips, BBQ Beans, Assorted Fruit.

13

#1 French Toast Sticks, Maple Syrup, Sausage Patty, Sweet Potato Fries.

14

#1 Tangerine Chicken, Brown Rice, Steamed Carrots, Assorted Fruit. White Cake with Pink Frosting

15

#1 Pizza Dippers with Marinara Sauce, Tossed Salad. Assorted Fruit.

18

Winter Break

19

Winter Break

20

Winter Break

21

Winter Break

22

Winter Break

25

#1 Pop Corn Chicken, Sweet Potato Chunks, WW Dinner Roll, Steamed Corn.

26

#1 Mozzarella Sticks with Dipping Sauce, Steamed Peas, WW Dinner Roll. Assorted Fruit.

27

#1 Seasoned Beef Nachos, Nacho Cheese Sauce, Salsa, Sour Cream, Refried Beans, Assorted Fruit.

28

#1 Macaroni and Cheese, WW Dinner Roll, Steamed Green Beans, Assorted Fruit. Chocolate Chip Cookie

ALTERNATE LUNCHES A: PB and Jelly or PB Fluff **B:** PB Only **C:** Cheese sandwich **Also available:** Bagel Lunch Box.
Available Daily Lunch Box: includes sandwich on WW bread, veggie sticks or hot vegetable of the day, cheese stick and fruit.
Lunch Price: \$3.00 Reduced Lunch: \$.40 Milk: \$.60 All meals must come with a fruit or vegetable. WW=Whole Wheat, RF= Reduced Fat

