

# Algonquin Main Lunch January 2019

This Institution is an Equal Opportunity Employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Quick and Easy On-Line Prepayment-MySchoolBucks-Info</b> Visit <a href="http://www.nsboro.k12.ma.us">www.nsboro.k12.ma.us</a></p>	<p>1 <b>Happy New Year!</b></p>	<p>2 <b>Mac &amp; Cheese</b> or <b>Buffalo Mac &amp; cheese</b> Steamed Mixed Vegetable or Carrot Coins Garlic Roll Fruit</p>	<p>3 <b>Chicken Burrito or Veggie Burrito</b> Refried Beans or Sweet Potatoes or Carrot Coins Fruit</p>	<p>4 <b>Meatball Sub</b> Mozzarella Cheese Steamed broccoli or Carrot Coins Fruit</p>
<p>7 <b>Chicken Nuggets</b> Sweet Potato Fries Steamed Carrots or Carrot Coins ww Roll Fruit</p>	<p>8 <b>Chicken Fajita or Veggie Fajita</b> Spanish Rice Steamed Corn or Carrot Coins Fruit</p>	<p>9 <b>Pasta Meat Sauce or Plain Sauce</b> Steamed Green Beans or Carrot Coins Garlic Bread Fruit</p>	<p>10 <b>BBQ Pulled Pork</b> BBQ Baked Beans Steamed carrots or Carrot Coins Fruit <b>Homemade Peach Cobbler</b></p>	<p>11 <b>Chicken Lo Mein or Veggie Lo Mein</b> Spring Roll Steamed Mixed Vegetable or Carrot Coins, Fruit</p>
<p>14 <b>Chicken Nuggets</b> French Fries Steamed Carrots or Carrot Coins ww Roll, Fruit</p>	<p>15 <b>Shepherd's Pie or Veggie Pie</b> Steamed Corn Carrot Coins Ww Roll, Fruit</p>	<p>16 <b>Chicken Broccoli Alfredo or Broccoli Alfredo</b> Carrot Coins Garlic Bread, Fruit</p>	<p>17 <b>Burgers</b> <b>Beef, Cheeseburger or Veggie Burger</b> BBQ Baked Beans Steamed Carrots or Carrot Coins, Fruit</p>	<p>18 <b>Grilled Cheese or Grilled Ham &amp; Cheese</b> Homemade Tomato Soup Steamed Carrots or Carrot Coins, Fruit</p>
<p>21 <b>Martin Luther King Day</b></p>	<p>22 <b>Teriyaki Chicken and Rice Bowl</b> Steamed Broccoli or Carrot Coins Fruit</p>	<p>23 <b>Pasta Bar</b> <b>Meat, Plain or Pesto Sauce</b> Steamed Green Beans or Carrot Coins Garlic Bread</p>	<p>24 <b>Taco's</b> <b>Beef or Vegetarian</b> Spanish Rice Fiesta Bean Salad or Carrot Coins, Fruit</p>	<p>25 <b>Deli Bar</b> Carrot Coins Chips Fruit</p>
<p>28 <b>End of Semester 1 ½ Day</b> <b>No Lunch Served</b></p>	<p>29 <b>Steak &amp; Cheese Sub</b> Peppers &amp; onions Steamed Green Beans or Carrot Coins Fruit</p>	<p>30 <b>Pasta</b> <b>Meat Sauce or Plain Sauce</b> Steamed Mixed vegetable or Carrot Coins Garlic Bread Fruit</p>	<p>31 <b>Teriyaki Chicken Sandwich</b> on ww Roll Steamed Broccoli or Carrot Coins Fruit</p>	<p><b>Food Allergies</b> <b>Please ensure your child's school nurse and Cafeteria manager are aware of any food allergies.</b></p>

## #2 Option

**"Grab 'N Go!"**

### \*Pre-wrapped Sandwiches

Vegetarian, Meat & PB&J Sandwiches

### \*Pizza du Jour

#### \*Salads

Chef, Greek, Garden, & Teriyaki Chicken  
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## #3 Option-

**"Hot Line"**

### Hot Sandwiches

Tues- Chicken

Thurs- Spicy

Chicken

Fri-Mozzarella

## #4 Option

**"Made-To-Order Deli"**

#### Options:

Ham, Bologna, Salami, Turkey, Tuna-Thursdays  
Egg Salad – Fri.

### Choice of Bread

Sub, Wrap or Sandwich