

School Entry Guidelines for Staff Before coming into work, please read.

- [Symptoms of Coronavirus:](#)
 - Fever (100.0° Fahrenheit or higher), chills, or shaking chills
 - Cough (*not due to other known cause, such as chronic cough*)
 - Difficulty breathing or shortness of breath
 - New loss of taste or smell
 - Sore throat
 - Headache *when in combination with other symptoms*
 - Muscle aches or body aches
 - Nausea, vomiting, or diarrhea
 - Fatigue, *when in combination with other symptoms*
 - Nasal congestion or runny nose (*not due to other known causes, such as allergies*) *when in combination with other symptoms*

Staff with the following comorbidities are considered high risk for complications of COVID-19 and should contact your principal, the Health and Wellness Coordinator and/or the Human Resource Director:

- Those aged 65 years and older
- Chronic lung disease or moderate to severe asthma
- Heart disease with complications
- Immunocompromised, including cancer treatment
- Severe obesity (BMI > 40)
- Underlying medical conditions such as diabetes, liver disease, or renal failure

Please review the following [daily checklist](#). You will need to answer the following questions every day before coming to work.

1. In the past 10 days have you experienced any of the above symptoms of COVID-19?
2. In the past 14 days have you or anyone in your family/close contacts been diagnosed with COVID-19?
3. In the past 14 days have you travelled outside of the approved [lower risk states](#)?

<https://www.mass.gov/info-details/covid-19-travel-order>

If you answer **YES** to any of the above questions:

- **DO NOT** come to work
- Notify the Health and Wellness Coordinator
- Notify Human Resource Director.

Information for staff to review prior to entering the building:

1. Sanitize hands upon entry to school.
2. Face coverings must be worn.
3. Check temperature before coming to work.
4. Maintain 6 foot distance as much as possible.
5. Please limit movement throughout the building.
6. Sanitize any surfaces you touch.
7. Sanitize hands when leaving the building.

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Human Resources Director: Heather Richards 508-486-5115 x 71220 hrichards@nsboro.k12.ma.us

References:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

[DESE/DPH Joint Memo August 19](#)