


JANUARY 2022

Northborough Melican Middle School

Food Allergies:

Please ensure your child's school nurse and cafeteria manager are aware of any food allergies. Equal opportunity

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hamburger/Cheeseburger/ Veggie Burger on WW Bun, Baked French Fries, Steamed Corn. Assorted Milk and Fresh Fruit.</p>	<p>Pulled Pork Nachos, Steamed Corn. Assorted Milk and Fresh Fruit.</p>	<p>Baked Cheese Ravioli, Dinner Roll, Steamed Green Beans. Assorted Milk and Fresh Fruit.</p>	<p>Hot Dog on WW Bun, Baked Beans, Potato Chips. Assorted Milk and Fresh Fruit.</p>	<p>School Baked Pizza, Tossed Salad. Assorted Milk and Fresh Fruit.</p>
<p>Turkey Dinner over Mashed Potato, Steamed Corn, Din- ner Roll. Assorted Milk and Fresh Fruit.</p>	<p>Warm Pancakes, Syrup, Egg Patty, Tater Tots. Assorted Milk and Fresh Fruit.</p>	<p>Chili with Nachos, Steamed Corn, Salsa and Sour Cream. Assorted Milk and Fresh Fruit.</p>	<p>Chicken Parmesan on Knotted Roll, Steamed Peas. Assorted Milk and Fresh Fruit.</p>	<p>Max Sticks Pizza with Dipping Sauce, Tossed Salad. Assorted Milk and Fresh Fruit.</p>
<p>Martin Luther King Day.</p>	<p>Crispy Chicken Nuggets, Steamed Mixed Vegetables, Mini Corn Muffin. Assorted Milk and Fresh Fruit.</p>	<p>Pasta with Meat Sauce, Garlic Toast, Steamed Green Beans. Assorted Milk and Fresh Fruit</p>	<p>Mozzarella Sticks, Marinara Sauce, Dinner Roll, Carrot Coins. Assorted Milk and Fresh Fruit.</p>	<p>School Baked Pizza, Tossed Salad. Assorted Milk and Fresh Fruit.</p>
<p>Teriyaki Chicken over Brown Rice, Steamed Peas. Assorted Milk and Fresh Fruit.</p>	<p>Grilled Cheese and Tomato Soup. Celery Sticks. Assorted Milk and Fresh Fruit.</p>	<p>Build your own Soft Turkey Taco, Salsa and Sour Cream, Steamed Corn. Assorted Milk and Fresh Fruit.</p>	<p>Corn Dog, Baked French Fries, Carrot Coins. Assorted Milk and Fresh Fruit.</p>	<p>Sal's Pizza, Tossed Salad. Assorted Milk and Fresh Fruit.</p>
<p>Swedish Meatballs over Egg Noodles. Steamed Peas. Assorted Milk and Fresh Fruit.</p>				

Option 2: Assorted Salads, Fruit and Milk

Option 3: Chefs Choice announced Daily, served with Fruit and Milk.

Lunch Prices: Due to a USDA grant, first lunch will be free, additional lunches will be \$3.00 Milk \$.60