

**Domestic Violence and Sexual Assault**

SafeLink 24/7 Crisis Hotline: 877-785-2020

TTY: 877-521-2601

Voices Against Violence: 508-626-8686 or 800-593-1125

TTY: 844-807-7989

**Substance Use Helpline**

1-800-327-5050 (translation available)

Website: [helplineMA.org](http://helplineMA.org)

**Substance Abuse and Mental Health**

SAMHSA's Disaster Distress Helpline Toll-Free: 1-800-985-5990 (English and español)

SMS: Text TalkWithUs to 66746

SMS (español): "Hablanos" al 66746

TTY: 1-800-846-8517

Website (English): <http://www.disasterdistress.samhsa.gov>

Website (español): <http://www.disasterdistress.samhsa.gov/espanol.aspx>

SAMHSA's National Helpline Toll-Free: 1-800-662-HELP (24/7/365 Treatment Referral Information Service in English and español)

Website: <http://www.samhsa.gov/find-help/national-helpline>

**National Suicide Prevention Lifeline**

Toll-Free (English): 1-800-273-TALK (8255)

Toll-Free (español): 1-888-628-9454

TTY: 1-800-799-4TTY (4889)

Website (English): <http://www.suicidepreventionlifeline.org>

Website (español): <http://www.suicidepreventionlifeline.org/gethelp/spanish.aspx>

**Say Something - submit secure and anonymous safety concerns**

<https://www.saysomething.net/>

On-line: <https://www.p3campus.com/tipform.aspx?ID=3000>

Text/Call: 1-844-5-SAYNOW (1-844-572-9669)

Use the say something app