

Algonquin Cross Country Summer Series

WHAT: A 5 week XC running series of short races through the fields and trails of Algonquin Regional High School. These races are open to anyone interested, regardless of age, ability, or town of residence! Races will be held Wednesday nights from July 17th through August 14th. Registration begins at 6:00pm at the concessions stand by the JV Baseball field. Races will start at 6:30pm. In case of heavy rain, thunderstorm, or other inclement weather, races will be postponed or cancelled. Postponement notice will be posted to THawkDistanceProject.com by 5pm.

SAFETY: Due to safety reasons, no headphones, dogs, or baby strollers will be allowed in the races.

AWARDS: Prize T-shirts to top males, females and age groups.

COST: \$5 Please bring exact cash.

DETAILS:

Who: Anyone interested! Any age, ability, or town of residence.

When: Wednesdays July 17th – August 14th

Time: 6:00pm Race Day Registration. 6:30pm Race

Where: Algonquin Regional High School

RACE SCHEDULE:

July 17th – Standard Race, 5km

July 24th – Age Graded Race, 5km

July 31st – Short Race, 3k

August 7th – Predicted Time Race, 5km

Aug 14th – 2 Person, 4 Mile Relay

Aug 21nd – *Make up Rain Date*

Contact for more information: Patrick Galvin pgalvin@nsboro.k12.ma.us

